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THE HOSPITAL HEROES



♥ WRITTEN BY SARA AZ KHALIL ♥

WELCOME TO THE **HOSPITAL!**



Hospitals are full of
healthcare heroes.

They work together every day to
help people:



feel better



stay healthy



and get well again

Let's meet them...



Let's meet them...



Meet Miilo the Music Therapist!

Hi!

I use music to help people feel calm, happy, and strong!

Music can help with feelings, relaxation, and connection!

Every beat has the power to heal!

Your feelings matter, and music helps!

I USE MUSIC IN MANY WAYS!

- Songs
- Rhythms
- Instruments
- Singing
- Movement
- Listening
- Creativity and more!

Every song.
Every beat.
Every day.

I Listen.
I Play.
I Connect.
I Care.

MILO
MUSIC THERAPIST

MILO
MUSIC THERAPIST
MAKING MUSIC.
MAKING A DIFFERENCE.

Music
Heals
Hearts

Today's Plan

- ✓ Welcome
- ✓ Music Warm-Up
- ✓ Explore & Express
- ✓ Relax & Reflect
- ✓ Goodbye Song

Tools for Healing

- ✓ Song
- ✓ Rhythm
- ✓ Movement
- ✓ Connection

What I Do:

- ✓ Help people express feelings
- ✓ Build confidence and self-esteem
- ✓ Support calm and relaxation
- ✓ Encourage connection with others
- ✓ Use music to support learning & growth
- ✓ Create safe, fun, supportive spaces

Stronger
Together
Through
Music

COMPASSION

CREATIVITY

CONNECTION

JOY

HOPE

Music therapists like Milo use songs, rhythm, and instruments to help people express feelings and relax.

Meet Clara the Art Therapist!

Hi!

I help people show their feelings using art!

Art helps people feel calm, happy and proud!

There is no right or wrong in art – just your unique way!

You are creative. You are amazing!

I USE ART IN MANY WAYS!

- 🎨 Drawing
- 🖌️ Painting
- ✂️ Crafts
- 🎵 Music
- 🎭 Drama
- ❤️ Play and more!

Every picture. Every colour. Every feeling.

I Create.
I Express.
I Heal.
I Grow.

CLARA
ART THERAPIST
HELPING FEELINGS
SHINE THROUGH ART

What I Do:

- ✓ Help people understand and express feelings
- ✓ Build confidence and self-esteem
- ✓ Support calm, relaxation and well-being
- ✓ Encourage creativity and imagination
- ✓ Create safe, kind and fun spaces for all

Today's Plan:

- ✓ Welcome
- ✓ Feelings Check-In
- ✓ Art Activity
- ✓ Share & Reflect
- ✓ Celebrate You

CREATIVITY
KINDNESS
CONFIDENCE
SELF-EXPRESSION
WELL-BEING

Art therapists help people understand big feelings by drawing, painting and creating.

Meet Sophie the Speech Coach!

Hi!

I help people find their voice and speak with confidence!

Every voice matters!

Practice today, confident tomorrow!

You have so much to say!

I HELP PEOPLE IN MANY WAYS!

- Pronunciation
- Articulation
- Fluency
- Language
- Listening
- Confidence
- Communication and more!

Let's Practice!



I Listen.
I Speak.
I Practice.
I Connect.
I Shine.

SOPHIE
SPEECH COACH

SOPHIE
SPEECH COACH
HELPING VOICES GROW
CONFIDENCE SHOW

What I Do:

- ✓ Help people make sounds clearly
- ✓ Build strong language and vocabulary
- ✓ Improve fluency and speaking skills
- ✓ Boost confidence and self-esteem
- ✓ Support listening and conversation skills
- ✓ Make communication fun and effective

Speak Up.
Be Proud.

Today's Plan:

- ✓ Welcome & Warm-Up
- ✓ Sound Practice
- ✓ Speech Games
- ✓ Conversation Time
- ✓ Celebrate Progress

Tools for Success:

- ✓ Listen
- ✓ Practice
- ✓ Speak
- ✓ Share
- ✓ Shine

CONFIDENCE

COMMUNICATION

FLUENCY

LANGUAGE

LISTENING

Speech coaches like Sophie help people improve talking, listening, and communication.

Meet Finn the Movement Coach!

Hi!

I help people eat foods that keep their bodies strong and healthy!

Movement helps our bodies grow strong!

Healthy habits today, strong bodies tomorrow!

Every move matters!

I HELP PEOPLE IN MANY WAYS!

- Nutrition
- Healthy Habits
- Hydration
- Active Play
- Body Awareness
- Movement Skills
- Confidence and more!

I Move.
I Fuel.
I Grow.
I Play.
I Shine.

Strong Bodies Every Day!

FINN
MOVEMENT COACH
MOVING, FUELLING,
GROWING STRONG!

Today's Plan:

- ✓ Welcome & Warm-Up
- ✓ Healthy Snack Talk
- ✓ Fun Movement Time
- ✓ Balance & Strength
- ✓ Active Game
- ✓ Cool Down & Stretch
- ✓ You Did It!

Tools for Strong Bodies:

- ✓ Eat Well
- ✓ Move More
- ✓ Drink Water
- ✓ Sleep Well
- ✓ Have Fun!

What I Do:

- ✓ Teach healthy eating and hydration
- ✓ Encourage active play and movement
- ✓ Build strength, balance and coordination
- ✓ Support body awareness and confidence
- ✓ Help people choose healthy habits
- ✓ Make movement fun for everyone!

MY ACTIVE DAY!

NUTRITION

MOVEMENT

STRENGTH

HEALTHY HABITS

CONFIDENCE

Movement coaches like Finn help people eat well, stay active, and build healthy habits for life!

Meet **Rapid Ray** the Paramedic!

Hi!

I help people
get the care they need
fast and safely!

Ambulance



Paramedics like Rapid Ray help people
in emergencies and keep our community safe.

Meet **Faiza** the Radiographer!

Hi!

I take special
pictures of the inside
of the body to help
doctors find problems
and plan the best care!

X-ray



Radiographers like Faiza use high-tech
machines to take pictures that help keep
people healthy and safe!

★ Meet Nutri Nina the Dietitian! ★

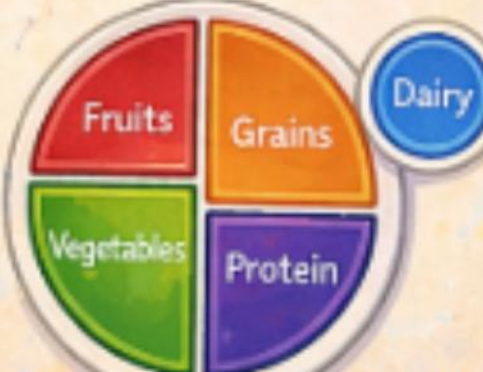
Hi!

I help people by teaching healthy eating and good habits for a strong body and happy mind!

Healthy Food



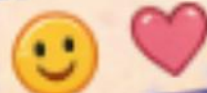
My Healthy Plate



Eat Smart
Feel Great!

Water is
my super
power!

Good food
= Good mood
+ Good energy



Nina's Tips

- ✓ Eat colorful foods
- ✓ Drink water
- ✓ Be active
- ✓ Sleep well
- ✓ Be kind

Dietitians like Nutri Nina help people make healthy choices every day!

Meet Sam the Operating Department Practitioner!

Hi!

I help care for patients before, during and after surgery and make sure everything runs smoothly in the operating theatre!

Safe Care
Every Time!

Teamwork
Makes
Dreamwork!

Patient
Care is
My Priority!

Every Detail
Matters!

Working Together
for the Best
Possible Care

What I Do:

- ✓ Prepare equipment and theatre
- ✓ Check everything is safe and sterile
- ✓ Support the surgical team
- ✓ Care for patients
- ✓ Keep patients safe and comfortable

Operating Department Practitioners like Sam help patients feel safe, cared for and in the best hands every step of the way!

Meet Drama Dani the Drama Therapist!

Hi!

I help people express themselves, explore their feelings and build confidence through drama, play and creativity!

Express
Explore
Empower

Drama Helps With:

- ✓ Managing emotions
- ✓ Building confidence
- ✓ Improving communication
- ✓ Understanding others
- ✓ Solving problems
- ✓ Feeling happier

It's OK
to feel.
It's powerful
to heal.

Everyone
Has a
Story!

In Our Safe Space, We...

- ♥ Listen
- ♥ Respect
- ♥ Be Kind
- ♥ Include Everyone
- ♥ Have Fun!

Dani's Tools:

- ✓ Role Play
- ✓ Storytelling
- ✓ Puppets
- ✓ Movement
- ✓ Creative Play
- ✓ Imagination

Drama Therapists like Dani help people discover
their voice, heal, grow and shine!

Meet Leo

the Occupational Therapist!

Hi!

I help people of all ages do the things they need and want to do every day, so they can live life to the fullest!

What is Occupational Therapy?

We help people build skills, overcome challenges and take part in the activities that are meaningful to them.

Every Step Counts!

LEO
OT

Helping You
Do More of
What Matters!

Small Steps
Big
Success!

I Help With:

- ✓ Daily living skills
- ✓ Fine motor skills
- ✓ Sensory processing
- ✓ School and work tasks
- ✓ Play and leisure
- ✓ Confidence and independence



Fun Facts About Leo!

- ♥ I love building with LEGO and creating obstacle courses!
- ♥ I'm a big fan of nature walks and adventure!
- ♥ My favorite snack is banana and peanut butter!
- ♥ I believe everyone has strengths and I love helping people find theirs!

I Work In:

- Hospitals
- Schools
- Homes
- Community Centres
- Rehab Centres

Tools I Use:



Activities



Play



Adaptations



Environment
Changes



Encouragement



Teamwork

Occupational Therapists like Leo empower people to live life their way—every day!

Together,
we can do
amazing
things!



Meet Eye Eva the Orthoptist!

Hi!

I help people of all ages have healthy eyes and see their best by checking how their eyes work together!

Clear Vision
Brighter
Futures!

Teamwork
Makes
Vision
Work!

Seeing
Better,
Living
Better!

What I Do:

- ✓ Check how your eyes move and work together
- ✓ Test how well you see
- ✓ Help with eye focusing and double vision
- ✓ Support children with vision and learning
- ✓ Make eye exercises fun and effective!

I Use Cool Tools:



Patching



Prisms



Occlusion
Glasses



Eye Exercises



Healthy Eyes Tips!

- ✓ Take breaks from screens
- ✓ Sit with good posture
- ✓ Eat healthy foods
- ✓ Play outside
- ✓ Get regular eye checks

Did You Know?

Good vision helps you learn, play, read and do all the things you love every day!

Look After
Your Eyes,
They're
Amazing!

Orthoptists like Eye Eva help people of all ages
see clearly and live life to the fullest!

Meet Bone Ben the Osteopath!

Hi!

I help care for bones, muscles and joints by using gentle hands, kind care and smart moves to help your body feel strong and balanced!

Healthy Bodies
Happy You!

Movement
Matters



You Move,
I Care,
We Heal!

Strong
Today,
Stronger
Tomorrow!

Helping Bodies
Feel Better,
Move Better,
Live Better!

What I Do:

- ✓ Find what's not working
- ✓ Gently treat and release tension
- ✓ Improve movement and posture
- ✓ Support your body to heal naturally

Hands
Clean,
Care
Strong!

Osteopaths like Bone Ben help your body stay happy, healthy and moving its best!

Meet Build It Bella the Prosthetist & Orthotist!

Hi!

I design, build and customize devices that help people move, play and live life to the fullest—whether they need a prosthetic limb or an orthotic support!

Stronger Together!

Teamwork Creates Possibilities!

Every Step Counts!

You Can Do Amazing Things!

Built with Knowledge,
Made with Care,
Made for You!

MADE FOR YOU,
MADE TO HELP YOU



What I Do:

- ✓ Listen and understand each person's needs
- ✓ Design custom devices just for them
- ✓ Build and fit with care and precision
- ✓ Teach, support and make adjustments
- ✓ Help my patients feel confident and capable

Clean Hands Build Better Futures!

Prosthetists and Orthotists like Build It Bella help people move better, feel better and live better!

Meet Ivy the Audiologist!

Hi!

I help care for people's hearing and balance! I test hearing, find the right solutions and support every person to listen, learn and thrive!

Hear Today,
Succeed
Tomorrow!

Communication
Connects
Us All!



You've Got
This!

Better
Hearing,
Better
Living!

I Listen.
I Test.
I Care.



What I Do:

- ✓ Check hearing and balance
- ✓ Find the best solutions for each person
- ✓ Fit and program hearing devices
- ✓ Support communication at home, school and work
- ✓ Empower people to hear their best



LISTEN
LEARN
CONNECT
THRIVE

Clean
Hands,
Happy
Ears!

Audiologists like Ivy help people hear better, communicate with confidence and live life to the fullest!

Meet Dr. Sam the GP Doctor!

Hi!

I help care for people of all ages. I listen, support and treat lots of different health problems. I'm here to keep you healthy, help when you're unwell and make sure you get the right care.

Your Health,
Your Future,
I'm Here for
You!

Small Steps
today, Better
Health
Tomorrow!

YOUR HEALTH
MATTERS



Eat Well



Move More



Rest Well



Drink Water

A Healthy
You, A Happy
You!

Check In
Today, Stay
Well for
Tomorrow!

Your health
Our priority

We're a
Team!

I Listen.
I Care.
I Help.
I Support.

What I Do:

- ✓ Listen to how you feel
- ✓ Check your health
- ✓ Treat illness and injuries
- ✓ Help manage long-term conditions
- ✓ Give advice on staying healthy
- ✓ Refer you to other healthcare professionals if needed

Healthy
Today,
Stronger
Tomorrow

We're
Here for
You

PREVENTION

CARE

COMPASSION

COMMUNITY

GP Doctors like Dr. Sam help people every day to live healthier, happier lives – in our community and beyond!

Meet Dr. Aisha the Junior Doctor!

Hi!

I'm a Junior Doctor
(also called a Resident Doctor).
I work in the hospital and help
look after patients every day.
I learn lots, work with amazing
teams and do my best to
make sure you get the care
you need. ♥

Every Day
is Different.
Every Patient
Matters. ♥

We Learn,
We Care,
We Make a
Difference! ★

Teamwork
Makes Better
Care! ♥

TODAY'S PLAN

- ✓ See Patients
 - ✓ Review Results
 - ✓ Write Notes
 - ✓ Plan Care
 - ✓ Team Huddle
- ♥

We're
Here 24/7
for You! ♥

I Listen.
I Learn.
I Care.
I Act. ♥ ★

Compassion
Curiosity
Commitment ♥

Kindness
Respect
Empathy

Knowledge
Teamwork
Resilience ♥

What I Do:

- ✓ Examine patients and check how they're feeling
- ✓ Order and review tests
- ✓ Diagnose and treat illnesses
- ✓ Prescribe medicines
- ✓ Work with nurses, therapists and specialist doctors
- ✓ Keep patient records and plan care ♥

Drink Water
Stay Focused

MEDICINE ♥

PATIENT CARE ♥

LEARNING ♥

TEAMWORK ♥

GROWTH ♥

Junior Doctors like Dr. Aisha are training to be the
best doctors we can be – for you, for today and for tomorrow. ♥ ★

Meet Dr. Poppy the Consultant!

Hi!

I'm Dr. Poppy! I'm a Consultant Doctor.
I'm a senior specialist with lots of experience in my field. I lead my team, make important decisions and work hard to make sure every patient gets the best care possible.

Different Specialties.
One Goal:
The Best Care for You!

Great Teams.
Kind Hearts.
Better Outcomes!

Your Health.
Our Priority.
Always.

I WORK IN MANY SPECIALTIES:

- ♥ Cardiology
- 🐻 Paediatrics
- 🔪 Surgery
- 🧠 Neurology
- 🫁 Respiratory
- ✚ Emergency Care
- ...and many more!

Every Patient.
Every Time.
Every Day.

I Listen.
I Plan.
I Lead.
I Care.

DR. POPPY
CONSULTANT
DOCTOR

DR. POPPY
CONSULTANT DOCTOR
LEADING WITH CARE
MAKING A DIFFERENCE

Compassion
Knowledge
Teamwork
Excellence

Today's Plan:

- ✓ See Patients
- ✓ Review Results
- ✓ Lead Team Meeting
- ✓ Plan Best Care

Teamwork
Empathy
Excellence

What I Do:

- ✓ Assess and examine patients
- ✓ Make diagnoses and create treatment plans
- ✓ Lead and support my medical team
- ✓ Work with other specialists to get the best outcomes
- ✓ Teach and train junior doctors
- ✓ Keep up to date with the latest research
- ✓ Always put patients first

Strong
Minds
Kind Hearts
Better Care

LEADERSHIP

KNOWLEDGE

COMPASSION

TEAMWORK

EXCELLENCE

Consultant Doctors like Dr. Poppy lead with knowledge, experience and kindness to give every patient the very best care.

Meet Saraaz the Surgeon!

Hi!

I'm Saraaz! I'm a Surgeon. I operate to treat illnesses, injuries and conditions that need surgery. I work with amazing teams and use skill, care and focus to help my patients live healthier, happier lives.

Precision Today,
Better Outcomes Tomorrow!

Knowledge.
Skill.
Heart.
That's the Surgeon Way.

We Operate with Care and Change Lives.

SURGEONS TREAT MANY CONDITIONS:

- Appendicitis
- Broken Bones
- Heart Problems
- Cancers
- Injuries

...and much more!

Teamwork Saves Lives!



Every Patient.
Every Operation.
Every Time.

I Plan.
I Prepare.
I Operate.
I Care.

Focus
Precision
Compassion

DR. SARAAZ
SURGEON
SKILLED HANDS.
KIND HEART.
BETTER OUTCOMES.

What I Do:

- ✓ See patients and understand their condition
- ✓ Plan the best surgical treatment
- ✓ Perform operations with skill and care
- ✓ Work with my surgical team before, during and after surgery
- ✓ Monitor recovery and support healing
- ✓ Always keep learning to improve patient care

SURGERY

ANATOMY

LEADERSHIP

TEAMWORK

COMPASSION

Surgeons like Saraaz use their skills, teamwork and kind hearts to help patients get better and live their best lives.

Meet Dr. Leo the Anaesthetist!

Hi!

I'm Dr. Leo! I'm an
Anaesthetist.

I make sure patients feel
calm, safe and comfortable
during operations. I give
medicine so you don't feel
pain and stay with you
the whole time.

You're in
safe hands.

I'm with you
the whole
time.

Let's keep
you
comfortable.

I HELP WITH:

-  Surgery preparation
-  Pain relief
-  Patient safety
-  Monitoring breathing & heart rate
-  Recovery support

I Prepare.
I Protect.
I Monitor.
I Care.

Calm
Care
Every
Time

DR. LEO
ANAESTHETIST
KEEPING PATIENTS SAFE

My Values:

-  Focus
-  Precision
-  Safety

What I Do:

- ☒ Give anaesthetic before surgery
- ☒ Monitor patients during operations
- ☒ Keep patients stable and safe
- ☒ Adjust medicine as needed
- ☒ Help manage pain after surgery
- ☒ Work closely with surgeons and nurses

ANAESTHESIA
SAFETY
MONITORING
CARE

Anaesthetists like Dr. Leo keep patients
safe, calm, and pain-free during surgery.

Meet Dr. Amara the Psychiatrist!

Hi!

I'm Dr. Amara! I'm a Psychiatrist.

I help people understand their thoughts, feelings and emotions. I listen carefully and support my patients so they can feel happier, healthier and more in control.

Your feelings matter.

You are not alone.

Talking helps.

I HELP WITH:

- Anxiety
- Big feelings
- Low mood
- Stress
- Mental health challenges

I Listen.
I Understand.
I Support.
I Care.

DR. AMARA
PSYCHIATRIST
MAKING A DIFFERENCE
EVERY DAY

What I Do:

- ✓ Listen to how patients feel
- ✓ Talk through thoughts and emotions
- ✓ Create care plans
- ✓ Work with healthcare teams
- ✓ Prescribe medication if needed
- ✓ Support long-term wellbeing

Calm Mind,
Strong You

My Values:
Kindness
Empathy
Trust

MENTAL HEALTH
WELLBEING
SUPPORT
GROWTH

Psychiatrists like Dr. Amara help people feel strong, safe, and supported inside.

Meet Nurse Emily the Adult Nurse!

Hi!

I'm Nurse Emily! I'm an
Adult Nurse.

I care for teenagers and
adults when they are unwell
or in hospital. I help them
feel better and support them
every step of the way.

You are
in safe
hands.

We care
for you.

We're here
for you.

I CARE FOR ADULTS WITH:

-  Illness and injury
-  Surgery recovery
-  Long-term conditions
-  Pain management
-  Emotional support
-  Health education

I Listen.
I Care.
I Comfort.
I Make a
Difference.

Kind
Heart
Helping
Hands

NURSE EMILY
ADULT NURSE
COMPASSION IN ACTION

Nursing Values:

-  Compassion
-  Respect
-  Courage
-  Teamwork

What I Do:

- ☒ Assess and monitor patients
- ☒ Give medicines and treatments
- ☒ Assist with daily care
- ☒ Educate and advise patients
- ☒ Work with the healthcare team
- ☒ Provide comfort and support

NURSING CARE
PATIENT SAFETY
COMPASSION
TEAMWORK

Adult Nurses like Nurse Emily care for people of all ages,
helping them heal, stay strong, and live well.

Meet Nurse Lily the Paediatric Nurse!

Hi!

I'm Nurse Lily! I'm a
Paediatric Nurse.
I care for babies, children
and young people. I make
sure they feel safe, happy
and as comfortable as
possible.

Little
patients,
big care.

We're here
to help you
feel better.

Brave today,
strong
tomorrow!

I CARE FOR CHILDREN WITH:

- ★ Illness and infections
- 💊 Accidents and injuries
- 🫁 Asthma and allergies
- 🏥 Surgery and recovery
- 🧒 Growth and development
- 💖 Emotional support

I Comfort.
I Play.
I Listen.
I Care.

Small
Hands
Big
Hearts

NURSE LILY
PAEDIATRIC NURSE
CARING FOR LITTLE HEARTS

My Promise:

- 💛 Be Kind
- 💖 Be Patient
- 💛 Be Gentle
- 💙 Make a Difference

What I Do:

- ✓ Assess and care for children
- ✓ Give medicines and treatments
- ✓ Make hospital less scary
- ✓ Support families
- ✓ Teach and play
- ✓ Work with the healthcare team

CHILD HEALTH

SAFETY

KINDNESS

PLAY THERAPY

Paediatric Nurses like Nurse Lily care for children and young people, helping them feel better and brighter every day.

Meet Zara the Midwife!

Hi!

A Day in My Life:

- ♥ Checking on expecting moms
- ♥ Helping during labor and delivery
- ♥ Weighing and examining newborns
- ♥ Teaching parents how to feed and care for baby
- ♥ Celebrating new life every day! ♥

Fun Fact!

Midwives have been helping bring babies into the world for thousands of years!

I Listen.
I Support.
I Care.
I Guide.

Today's Plan:

- ✓ Prenatal Visits
- ✓ Birth Support
- ✓ Newborn Checks
- ✓ Postpartum Care
- ✓ Family Education

Teamwork
Kindness
Expertise
Love

I'm Zara! I'm a Midwife.

I help care for mothers and babies before, during, and after birth. I support families through one of the most special moments in life—welcoming a new baby! I make sure both parent and baby are safe, healthy, and well cared for.

My Special Focus:

- ♥ Pregnancy care
- ♥ Labor and birth support
- ♥ Newborn health
- ♥ Breastfeeding guidance
- ♥ Emotional support for families

Why My Work Matters:

Every baby deserves a healthy start
Every parent deserves support and care
Safe births help strong families grow

Zara Says:

"Every birth is unique, and I'm here to make it safe, calm, and special."

You're doing great, Mama!

What I Do:

- ♥ Support moms during pregnancy
- ♥ Help deliver babies safely
- ♥ Check baby's health right after birth
- ♥ Care for moms after delivery
- ♥ Teach families how to care for newborns
- ♥ Offer comfort, guidance, and reassurance

Strong Moms.
Healthy Babies.
Happy Families.

EMPATHY
KNOWLEDGE
COMPASSION
TRUST
EXCELLENCE

Midwives like Zara bring new life into the world with care, knowledge, and compassion.

Meet Hana

the Muslim Pharmacist!

Hi!

Assalamu Alaikum!

I'm Hana! I'm a Muslim Pharmacist. I help people stay healthy by making sure they get the right medicine and advice. I work with care, knowledge and honesty—because your health matters.

My Focus:

- Medication safety
- Patient care
- Health education
- Preventing illness
- Community wellbeing

Why My Work Matters:

The right medicine at the right time can make a big difference in someone's life.

Hana Says:

"Small acts of care can lead to a healthier, happier community."

What I Do:

- ♥ Check prescriptions for safety
- ♥ Dispense the right medicines
- ♥ Explain how to take medicines
- ♥ Answer questions about health
- ♥ Work with doctors and nurses
- ♥ Help people manage long-term conditions
- ♥ Promote healthy lifestyles

I Care.
I Explain.
I Protect.
I Support.

HANA
PHARMACIST
CARING FOR YOU,
EVERY DAY

Did You Know?

Pharmacists do more than give medicine!

- ♥ We educate
- ♥ We prevent
- ♥ We support
- ♥ We care

We're here to help you feel better and live well!

Fun Fact!

Pharmacists are medication experts who help keep everyone safe and healthy!

Today's Plan:

- ✓ Review Prescriptions
- ✓ Counsel Patients
- ✓ Health Screenings
- ✓ Medication Safety
- ✓ Community Outreach

My Values:

Faith
Service
Excellence
Kindness

Your Health.
Our Priority.
Always.

Medication
Knowledge
Better Health
Stronger
Communities

KNOWLEDGE
COMPASSION
INTEGRITY
HEALTH
SERVICE

Pharmacists like Hana work with heart, knowledge and faith to build healthier lives and stronger communities.



Meet Dr. Alex the Dentist!



Hi!

I'm Dr. Alex! I'm a Dentist.
I help people take care of their teeth so everyone can smile with confidence.

Brush twice a day!

Healthy teeth, happy you!

Don't forget to floss!

Everyone deserves great care.

I HELP WITH:

- Checking teeth
- Fixing cavities
- Keeping gums healthy
- Teaching brushing
- Bright smiles

Every smile is special.

I Check.
I Clean.
I Fix.
I Care.

DR. ALEX
DENTIST

DR. ALEX
DENTIST
KEEPING SMILES HEALTHY

My Values:

- Care
- Kindness
- Confidence
- Health

What I Do:

- ✓ Check teeth and gums
- ✓ Clean and polish teeth
- ✓ Fix cavities and tooth problems
- ✓ Teach good brushing habits
- ✓ Help prevent dental issues
- ✓ Make patients feel comfortable

DENTAL CARE
HYGIENE
HEALTH
SMILES

Dentists like Dr. Alex help people smile brightly and stay healthy every day.

Meet Dr. Riya

the Dental Hygienist & Therapist!

Hi!

I HELP WITH:

-  Cleaning teeth
-  Healthy gums
-  Preventing problems
-  Teaching good habits
-  Patient education

HEALTHY
SMILE
HEALTHY
LIFE!



I'm Dr. Riya! I'm a Dental Hygienist and Therapist. I help keep teeth and gums healthy and teach people how to care for their smiles every day.

Healthy gums matter!

Prevention is key.

Small habits, big smiles!

Let's keep your smile strong!

I Teach.
I Prevent.
I Protect.
I Care.

Healthy
Smiles
Start
Here!

DR. RIYA
DENTAL HYGIENIST & THERAPIST
KEEPING SMILES HEALTHY

What I Do:

- ☒ Clean and polish teeth
- ☒ Treat gum problems
- ☒ Give oral health advice
- ☒ Support prevention of disease
- ☒ Teach brushing and flossing
- ☒ Work with the dental team

My Values:

-  Prevention
-  Knowledge
-  Care
-  Confidence

ORAL HEALTH
PREVENTION
HYGIENE
CARE

Dental Hygienists and Therapists like Dr. Riya help people stay healthy and smile with confidence.

Thank You!!

for reading **The Hospital Heroes!**

YOU ARE
AMAZING!



Thank you for joining us on
our hospital adventure!

We hope you enjoyed meeting the
amazing heroes who help children
and families every day.

Doctors, nurses, therapists,
pharmacists, and many more work
together with kindness, courage, and care.

Keep learning, keep asking questions,
and remember —
you can be a hero too!

The End